

Le Botaniste

— FOOD & WINE BAR —
PLANT-BASED ORGANIC

BOWLS \$13.95

TIBETAN MAMA

*brown rice - coconut pb curry sauce -
steamed greens - kimchi*

PASTA BOLO

*quinoa fusilli - bolognese sauce - herbal oil -
superseed mix*

SPICY CHILI SIN CARNE

*brown rice - 3 beans - quinoa - chili sin carne -
ersatz sour cream - turmeric onions*

VEGETABLE TAJINE

*quinoa - potatoes - Moroccan stew -
lemon harissa*

MAGIC MISO SOUP

*gluten-free noodles - root veggies -
peas - seaweed - tofu -  ginger velvet*

BOTANICAL SALAD

*salad mix - quinoa - superseed avocado -
root veggies -  saffron aioli*

SEASONAL SPECIAL

ask us about our new prescriptions

ADD ON

TOPPING \$ 2.95
GARNISH \$ 1.95

SUPERSEED AVOCADO \$ 4.95
CAULIFLOWER RICE..... \$ 1.00

TO START

 **VEGGIE SUSHI ROLL** \$ 7.95
*root veggies - tofu - saffron aioli -
ginger velvet*

 **SUMMER ROLL** \$ 8.95
sauerkraut - tofu - avocado - ginger velvet

SUPERSEED AVOCADO \$ 8.95
avocado in superseed mix -  saffron aioli

SEAWEED TARTARE \$ 8.95
ginger - tamari - carrot - bread & cracker

 **YOUNG COCONUT CEVICHE**... \$ 8.95
cashew - cilantro - jalapeño - bread & cracker

SIDE SALAD \$ 6.95
salad mix - root veggies - dressing of choice

SPREADS OR HUMMUS \$ 6.95
ask for our selection - bread & cracker

TO SHARE & SPECIALS

SOUP OF THE DAY \$ 6.95
*ask about our daily soup
veggie of the day - onion - garlic - olive oil*

 **MEZZE** \$ 16.95
assortment of our spreads - bread & crackers

BOTANICAL MENU \$ 13.95
half portion bowl - soup of the day

DO IT YOURSELF BOWL \$ 14.95
hot or cold - please ask us for DIY card

FULL THERAPY \$ 29.95
three half portion bowls of choice

COLD DRINKS

BOTANICAL LEMONADE \$ 3.25
turmeric - agave

DETOX \$ 6.95
*red beet - apple - ginger
carrot - grapefruit - turmeric*

ICED TEA \$ 3.25
green / black

FILTERED WATER \$ 1.50
still / sparkling

HOT DRINKS

TEA \$ 3.25
black / green / herbal

COFFEE
*cappuccino \$ 3.95 latte \$ 4.25 americano \$ 3.25
espresso \$ 2.45 add a shot of espresso \$ 0.85*

WICKED DRINKS

Served w/ almond, oat or soy milk / steamed or iced.

GOLDEN FIRE turmeric - ginger \$ 4.95

DARK 'N' STORMY charcoal - vanilla ... \$ 4.95

GREEN POWER fresh kale - matcha \$ 4.95

Please inform us about your allergies

 CONTAINS NUTS

 CONTAINS PEANUTS

*Be advised that our food may contain soy, seeds, sesame,
and nuts and there may be risk of cross-contamination.*



100% PLANT-BASED
99% ORGANIC

WWW.LEBOTANISTE.US