



Le Botaniste
— 100% ORGANIC —
PLANT-BASED FOOD

SUSTAINABLE CATERING

Served in eco-friendly packaging

Starters

family trays serves 8 to 10

<p>BOTANICAL SPREADS</p> <p>assortment of 3 spreads served with crackers and veggie sticks</p>	<p>\$ 90.00</p>
<p>BOTANICAL TRAY</p> <p>veggies sticks served with 🌱 saffron aioli</p>	<p>\$ 45.00</p>
<p>BOTANICAL SALAD</p> <p>salad mix - quinoa - superseed avocado - root veggies - 🌱 saffron aioli</p>	<p>\$ 84.00</p>
<p>VEGGIE SUSHI ROLLS</p> <p>served with saffron aioli and ginger velvet (30 pcs)</p>	<p>\$ 55.00</p>
<p>VEGGIE BALLS</p> <p>served with seasonal spread (30 pcs)</p>	<p>\$ 55.00</p>
<p>SUPERSEED AVOCADO BITES</p> <p>served with crackers, and 🌱 saffron aioli (12 pcs)</p>	<p>\$ 55.00</p>
<p>SIDE SALAD</p> <p>seasonal salad with dressing</p>	<p>\$ 65.00</p>

BOTANICAL MENU \$ 17.50
half portion of any bowl and a side salad or a soup of the day

SOUP OF THE DAY \$ 8.00
served with crackers

Prescriptions Bowls

served individually or family style (serves 4 to 6)

<p>TIBETAN MAMA \$ 16.00 / \$ 82.00 brown rice - coconut curry sauce - steamed greens - kimchi</p>	<p>VEGETABLE TAJINE \$ 16.00 / \$ 82.00 quinoa - potatoes - Moroccan stew - lemon harissa</p>
<p>PASTA BOLO \$ 16.00 / \$ 82.00 quinoa fusilli - bolognese sauce - herbal oil - superseed mix</p>	<p>BOTANICAL SALAD \$ 16.50 / \$ 84.00 salad mix - quinoa - superseed avocado - root veggies 🌱 saffron aioli</p>
<p>SPICY CHILI SIN CARNE \$ 16.50 / \$ 84.00 brown rice - 3 beans - quinoa - chili sin carne - ersatz sour cream turmeric onions</p>	<p>SEASONAL SPECIAL \$ 16.50 / \$ 84.00 ask us about our new prescriptions</p>

Full prescriptions

COCKTAIL PARTY *(serves up to 15)*

- assortment of botanical spreads served with crackers and veggies sticks, veggie sushis rolls, veggie balls \$ 195.00
- + add superseed avocado tray \$ 55.00

BOTANICAL MENU

- your choice of two prescriptions bowls served family style, a side salad to share, paired with iced tea and lemonade *(serves up to 10)* \$ 270.00
- + add veggie balls tray \$ 50.00
- + add baked goods assortment \$ 65.00

GUILT-FREE SNACKS

- assortment of baked goods, red fruit chia pudding, paired with detox juices *(serves 10)* \$ 210.00
- + add superseed avocado tray..... \$ 55.00

Desserts

Drinks

- OMEGA 3 BROWNIE** \$ 7.00
flax seeds - brown sugar - buckwheat - 🌱 cashew cream
- APPLE VOLCANO** \$ 8.00
apple - cinnamon - chia - flax seeds - 🌱 cashew cream
- 🌱 **QUINOA PB COOKIE** \$ 7.00
peanut butter - brown sugar - buckwheat
- RED FRUIT CHIA PUDDING** \$ 7.00
mixed berries - flax seeds - agave - coconut milk
- 🌱 **CHOCOLATE CHIA MUD** \$ 8.00
almond milk - mini brownie - agave
- BAKED GOODS ASSORTMENT** \$ 65.00
omega 3 brownies and peanut butter cookies served with cashew cream

- BOTANICAL LEMONADE**
turmeric - agave 12oz - \$ 4.00 / 32oz - \$ 10.00
- ICED TEA**
green - black 12oz - \$ 4.00 / 32oz - \$ 10.00
- DETOX JUICES**
carrot - grapefruit - turmeric 12oz - \$ 8.00 / 32oz - \$ 21.00
red beet - apple - ginger ... 12oz - \$ 8.00 / 32oz - \$ 21.00
- FILTERED WATER** \$ 2.50
- KOMBUCHA** \$ 6.00

Ask us about our service options
WE DELIVER - WE SET UP
 Send your request to : catering@lebotaniste.us
 Order online : LeBotaniste.us



Please inform us about your allergies
 🌱 CONTAINS NUTS 🌱 CONTAINS PEANUTS

Be advised that our food may contain soy, seeds, sesame, and nuts and there may be risk of cross-contamination.